

# Kells Bay House & Gardens

## Breakfast Menu

### **Self Service - Please help yourself to the following:**

- Orange Juice - Please ask if you would prefer apple juice
- Cereals - Corn Flakes – Granola – Muesli
- Selection of Yogurts
- Fruit bowl
- Freshly baked Croissants and Artisan Breads

### **Available to order:**

- Porridge - Wholegrain Organic Oats
- White and Brown Toast
- Plate of cold meats / Tomato / Cucumber / Cheese

### **Cooked Options:**

#### **Full Irish Cooked Breakfast:**

Bacon, Sausage, Black & White Pudding, Tomato

Optional extras: Baked Beans, Mushrooms (please request)

Eggs: Fried, Scrambled, Poached or Boiled

or

#### **Smoked Salmon and Scrambled Eggs**

or

#### **Thai Omelette - Khai Jiao:** 2 eggs, soy sauce, tomato, onion, spring onion and white pepper

or

#### **Pancakes** - (2) served with Warm Maple Syrup

Allergen Information Folder Available at the Counter

[www.kellsbay.ie](http://www.kellsbay.ie)

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- **Coffees**

**Freshly ground Arabica Espresso Beans**

Americano, Espresso, Latte, Cappuccino, Decaffeinated

- **Teas & Infusions**

**Classic Teas** - Irish Breakfast, Earl Grey, Ceylon Black  
Decaffeinated

**Green Teas** - Ginger and Lemongrass, Gunpowder and  
Mango, Moroccan Mint

**Herbal Infusions** - Peppermint, Camomile, Wild Berry

We hope you enjoy your breakfast this morning.  
Please do not hesitate to ask for something not on our  
menu and we will try our best to accommodate you.

### **Penn & Billy**

Our produce is sourced from local suppliers wherever  
possible.