

Sala Thai



at Kells Bay

“A Taste of Two Kingdoms”

*Céad míle fáilte go
Sala Thai*
“SAWADEE”
Welcome to
Sala Thai Restaurant

The Alexander Family bid you a warm welcome to Kells Bay.

Since opening in 2013, our restaurant Sala Thai's reputation for quality tasty food has spread throughout Iveragh and beyond. It retains a loyal following among locals and visitors. Penn has developed an intuitive understanding of the local produce and palate without compromising the authenticity of the cuisine.

To ensure you enjoy your dining experience please state your preferences, our staff will be happy to guide you. In general Thai food is not over spicy but can be if you so wish.

Our wine list has been specifically chosen by experts to complement Thai food.

Please remember, as each dish is freshly cooked to your specification, it may not be possible to serve all main courses simultaneously. Your patience and your feedback is appreciated.

Thank you for your custom. We hope you enjoy your dining experience here in Kells Bay.

*Bon appetit,
Penn & Billy*

www.kellsbay.ie

Starters

1. Chicken Satay - Gai Satay €9.50
Marinated chicken, deep fried on skewers served with our peanut sauce and cucumber ajad
2. Vegetable Spring Rolls- Popia Tod €8.95
Crispy, fried, vegetarian spring rolls served with sweet chilli sauce
3. Prawn Rolls - Goong Hom Pa €8.95
Deep fried prawn rolls served with sweet chilli sauce
4. Corn Cakes - Tod Man Khao Pod 🌶️ €8.50
Deep fried corn cakes containing herbs & curry paste served with sweet chilli sauce
5. Prawn Toast - Kha Nom Pang Na Goong €8.50
Thai prawn toast served with sweet chilli sauce
6. Selection platter of the above 5 starters
Served with our peanut and sweet chilli sauce
For 2 people €18.95
Per extra person €9.50
8. Thai Style Chicken Wings €9.50
Marinated chicken wings served with salad & sweet chilli sauce
9. Thai Fish Cakes - Tod Man Bla 🌶️ €9.50
Thai fish cakes made with red curry paste served with sweet chilli sauce
10. Squid Tempura €9.50
Deep fried squid in tempura batter with sweet chilli sauce
11. Aromatic Duck, Thai style - for 2 persons €17.95
Crispy duck served with pancakes, hoi sin sauce with a julienne of carrot, spring onion & cucumber

Soups

- a. Chicken €6.90 b. Prawn €7.50 c. Vegetarian €6.50

12. Tom Yam Soup 🌶️🌶️
Spicy & sour soup with lemongrass, lemon juice, chilli, galangal root, mushrooms, spring onion, fish sauce & cherry tomato
13. Tom Kha Soup
Mild coconut milk soup with mushrooms, spring onion, coriander, galangal root and lemongrass

Thai Spicy Salads (Served warm)

14. Sliced fillet of Beef 🌶️🌶️ €12.95
Beef fillet stir fried with Thai dressing, chillies, tomato, onion & lime juice
15. Sliced breast of Chicken 🌶️🌶️ €11.95
Chicken breast stir fried with Thai dressing, chillies, tomato, onion & lime juice
16. Seafood 🌶️🌶️ €13.95
Squid & prawns in a spicy Thai dressing with glass noodle, coriander, tomato, onion, carrot, celery, spring onion & shallot

Curries

- a. Chicken €18.95 b. Prawn €19.95 c. Fillet Beef €19.95
d. Vegetarian €17.95 e. Vegetarian and Tofu €18.95
f. Duck €19.95

• All curries are served with steamed Thai rice included in the price

- Egg fried rice €1.00 extra
- Egg fried noodles €1.50 extra

17. Green Curry - Kaeng Kiaw Waan 🌶️🌶️
Green curry paste with coconut milk, peas, peppers and courgette
17. (S) Green Seafood Curry 🌶️🌶️
With prawns, crab claws & squid €22.95
18. Yellow Curry - Kaeng Kari 🌶️
Yellow curry paste with coconut milk, onion, fried potato and only a dash of chilli. The mildest of the Thai curries
19. Red Curry - Kaeng Daeng 🌶️🌶️🌶️
Red curry paste with coconut milk, sliced bamboo shoots, courgettes and peppers
20. Red Curry with Pineapple 🌶️🌶️🌶️
Red curry paste with coconut milk and pineapple

21. Massaman Curry 🌶️

A mild rich curry made with Massaman curry paste, coconut milk, fried potato, onion with cashew nuts and fried shallots

Fried Rice Dishes

- a. Chicken €16.95 b. Prawn €17.95 c. Fillet Beef €17.95
d. Vegetarian €16.50 e. Vegetarian and Tofu €16.95
g. Crab Meat €17.95

22. Thai Fried Rice - Khao Pad
Stir fried rice with egg, onions, spring onions, tomato and vegetables

A service charge of 12.5% applies to your bill. This is divided amongst our staff.
If you are concerned about food allergies e.g. Nuts, please seek assistance when selecting.

Stir-Fry

a. Chicken €18.95 b. Prawn €19.95 c. Fillet Beef €19.95
d. Vegetarian €17.95 e. Vegetarian and Tofu €18.95
f. Duck €19.95

- All stir-fries are served with Thai steamed rice included in the price
- Egg fried rice €1.00 extra
- Egg fried noodles €1.50 extra

23. Ginger - Pad Khin

Stir fried with ginger, mushrooms and garlic with seasoning sauces

24. Paht Kra Phrao

Spicy Thai dish stir fried with onions, mushrooms, chillies, basil and spring onions

Also served with ground pork €18.95

25. Black Bean Sauce

Stir fried with peppers, onions, carrots and broccoli

26. Paht Nua Rumit Naman Hoy

Stir fried with Thai oyster sauce and a selection of fresh vegetables

27. Paht Pik Gaang Daeng

Red curry pan fried with green beans and peppers

28. Cashew nuts and Spring Onions

Stir fried with cashew nuts, carrots, spring onion and onions

29. Crispy Roast Duck

with a dressing of tamarind sauce, on a bed of vegetables

Fish (subject to availability)

30. Steamed Fish €23.95

Whole sea bass (filleted) steamed, with chilli, ginger, soya sauce with a slice of chilli on a bed of vegetables with Thai steamed rice

Noodles

a. Chicken €16.95 b. Prawn €17.95 c. Fillet Beef €17.95
d. Vegetarian €16.00 e. Vegetarian & Tofu €16.95

31. Paht Thai

Rice noodles stir fried, with beansprouts, spring onion, carrot with Paht Thai sauce. Served with ground peanut & a slice of lime

32. Paht See Yu

Egg noodles stir fried, with broccoli, carrots, egg, mushrooms and garlic to flavour, with seasoning sauces and a slice of lime

Side Dishes

33. Steamed Thai Jasmin rice €3.00

34. Egg fried rice €4.00

35. Egg fried noodles €4.50

36. Chips €4.00

37. Omelette €6.50

38. Mixed vegetables stir fried with oyster sauce €6.50

39. Broccoli stir fried with oyster sauce €6.50

40. Thai prawn crackers with sweet chilli sauce €3.00

41. Portion of Green Curry Sauce €1.80

Sala Thai Spice Rating:

Mild =  Medium =   Very Spicy =   

Coffees

Americano, Espresso €3.50

Latte, Cappuccino, Decaffeinated €3.80

Caffé Mocha €4.00

Bailey's or Irish Coffee €7.80

Teas and Infusions €3.00

Black Teas - Irish Breakfast, Earl Grey, Ceylon Black Decaffeinated

Organic Green Teas - Ginger & Lemongrass, Gunpowder & Mango, Lemon

Herbal Infusions - Peppermint, Camomile, Wildberry

o Bottle of sparkling water 500 ml €2.20

o Bottle of still water 500 ml €2.20

o Glass of Orange Juice €2.80

o Glass of Milk €1.60

o Minerals: €2.50

Coca-Cola, Diet Coca-Cola, Coca-Cola Zero, 7Up, 7Up Free, Fanta, Club Orange, Club Lemon, Rock Shandy

o Capri Sun €2.00

Beer

Killarney Craft Beers 500ml €5.90

(IPA, Blonde & Lager)

Singha 330ml & Tiger 330ml €5.50

Non-Alcoholic Beer 500ml €5.50

Cronins Cider 500ml €5.90

Join Us...

for dinner, dine in or take away



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Opening Times
Sittings - From 6:00pm to 8:00pm

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