

Kells Bay

Breakfast Menu

The Continental Breakfast

€12.50

Selection of Juices

Selection of fruits

Selection of Yogurts & Granola ^{1,4}

Breakfast Cereals ^{1,10}

Kells Bay warm porridge with Berries ^{1,4}

Freshly baked Croissants, artisan breads, scones ^{1,4,7}

Full Breakfast

Please choose from one of the following options:

€16.00

The Kells Bay Breakfast bacon, sausage, black and white pudding, grilled tomato and local free range fried egg, served with toasts or brown bread soda ^{1,4,7}

Local Smoked Salmon with free range scrambled eggs and homemade brown soda bread ^{1,4,7,10}

Thai Omelette 'Khai Jiao' local free range eggs, soy sauce, tomato, onion, spring onion, white pepper ^{1,7,10}

Crushed Avocado, with local free range poached eggs and rocket ^{1,4,7}

Homemade Pancakes, served with seasonal berries and warm maple syrup ^{1,4,7}

Plate of cold meat, tomato, cucumber, cheese and rocket

Including tea and coffee of your choice

Sides

Mushrooms

€2.95

Sausages

€2.95

Bacon

€2.95

Pudding

€2.95

Baked Beans

€2.95

Toasts

€1.95

ALLERGENS: 1–Gluten, 2–Peanuts, 3–Nuts, 4–Milk, 5–Crustaceans, 6–Mollusc, 7–Eggs, 8–Fish, 9–Celery, 10–Soya, 11–Sesame Seeds, 12–Mustard, 13–Sulphur dioxide & sulphites, 14–Lupin

www.kellsbay.ie